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Qualified in Medicine in 1986 and received his PhD in 1994 from the University of Newcastle upon Tyne, UK.

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He was Senior Lecturer in Nephrology at the University of Wales College of Medicine from 1996 and Medical Director for North East Wales NHS Trust in Wrexham from 2002. He worked part time for the National Institute of Health and Clinical Excellence (NICE) from 2002, within the clinical guidelines program.

Since 2007 he has been Medical Director (Renal) for Europe, Middle East and Africa for Baxter Healthcare SA, based in Zurich. He is a visiting Professor in the Faculty of Healthcare and Fellow at Glyndwr University in Wales, UK.